**C.V**

Photo

**Name: Suhad Haseeb Abd al-Hamid Abd al-Rubaie**

**Date of Birth: Day: 13, Month: 7, Year: 1971**

**Marital status: single**

**No. of children: none**

**Religion: Muslim**

**Specialization: PhD in Sports Medicine / Therapy and Rehabilitation**

**Position: Teaching in the Department of Physical Education and Sports Sciences / College of Basic Education / Al-Mustansiriya University**

**Academic degree: Professor Doctor**

**Work address: Al-Mustansiriya University / College of Basic Education / Department of Physical Education and Sports Sciences**

**Mobile: 07708703146**

**Email:** nn015852@gmail.com

* **First, Scientific Certification:**

|  |  |  |  |
| --- | --- | --- | --- |
| Date | College | University | Degree science |
| 1995 | Physical education and sports science | Baghdad | B.Sc. |
| 2001 | Physical education and sports science | Baghdad | M.Sc. |
| 2005 | Physical education and sports science | Baghdad | Ph.D. |
|  |  |  | Any other |

* **Second, Career:**

|  |  |  |  |
| --- | --- | --- | --- |
| **From -To** | **Workplace** | **Career** | **No.** |
| 1995 | Lecturer in the College of Basic Education / Department of Physical Education and Sports Sciences | Lecturer | 1 |
| From June 2013 to August 2016 | of the College of Basic Education / Department of Physical Education and Sports Sciences | Head of Department | 2 |
| From 2008 till now | College of Basic Education / Department of Physical Education and Sports Sciences | Responsible for the treatment unit | 3 |
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* **Third, University Teaching.**

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| --- | --- | --- | --- |
| From -To | The (Institute / College) | University | No. |
| From 1995 till now | Al-Mustansiriya University | Faculty of Basic Education | 1 |
|  |  |  | 2 |
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* **Fourth, Courses Which You Teach:**

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| --- | --- | --- | --- |
| Year | Subject | Department | No. |
| 2000- till now | Sports medicine/ physiology | Physical education and sports science | 1 |
| 1995 | Sports games | nursery schools | 2 |
| 1995-2009 | Basketball | Physical education and sports science | 3 |
| 2001 | Physiology | Special Education | 4 |
| 2001 -2003 | handball | Physical education and sports science | 5 |
| 2000 | Health education | sciences | 6 |
| 2008- 2010 | Anatomy | Physical education and sports science | 7 |
|  |  |  | 8 |
|  |  |  | 9 |

* **Fifth, Thesis****which was supervised by :**

|  |  |  |  |
| --- | --- | --- | --- |
| **Year** | **Department** | **Thesis Title** | **No.** |
| 2010 | Physical education and sports science | The development of a training system to develop the physical and motor capacity of some movements on a parallel device for the blinds | 1 |
| 2012 | Physical education and sports science | The effect of suggested exercises on neuromuscular coordination to develop some motor abilities to perform ground movements in gymnastics | 2 |
| 2012 | Physical education and sports science | The use of exercises inside the water and associated with infrared rays in relieving pain in the knee joint and developing the motor performance of the lower extremities | 3 |
| 2013 | Physical education and sports science | The effect of therapeutic exercises associated with low-level laser in improving muscle strength and range of motion for some injured joints in tennis players. | 4 |
| 2013 | Physical education and sports science | Determining physical measurements and physical abilities to select youth cycling contestants | 5 |
| 2013 | Physical education and sports science | The effect of a rehabilitative program associated with electrical stimulation of the connective muscles of the thighs on some physical and psychological neurological variables for injured soccer players. | 6 |
| 2014 | Physical education and sports science | Designing and codifying kinetic tests to evaluate performance in terms of some physical, skill and functional changes for fencing players | 7 |
| 2015 | Physical education and sports science | The effect of a recreational program using multiple means on some physical and motor abilities and body mass index for obese students aged (10-012) years | 8 |
| 2015 | Physical education and sports science | Designing an educational training field to develop a number of physical, motor and skill abilities for middle school students | 9 |
| 2016 | Physical education and sports science | The effect of rebound force exercises for the upper limbs accompanied by an assistive device for some kinematic variables on the performance accuracy and achievement of the handicapped throwing players from chairs | 10 |

* **Sixth, Conferences which you participated:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Type of Participation** | **Place** | **Year** | **Conferences Title** | **No.** |
| Scientific researcher | Former Teachers College | 2001 | Scientific conference participation (member) | 1 |
| Scientific researcher | Zagazig University | 2008 | The third international scientific conference in the Faculty of Physical Education and Sports Sciences for Girls | 2 |
| Scientific researcher | Muthanna University | 2009 | The second scientific conference of the Faculty of Education | 3 |
| Scientific researcher | Faculty of Basic Education | 2000 | Participation in the eighth scientific conference | 4 |
| Attend and participationt | Antalya / Türkiye | 2015 | Participation in the training course | 5 |
| Attend and participationt | Department of Physical Education and Sport Sciences | 2015 | Participation in the training course | 6 |
| Attend and participationt | University of Baghdad / College of Physical Education and Sports Sciences | 2014 | Participation in the fifth annual meeting of directors and heads of physical education and sports science departments | 7 |
| Attend and participationt | Department of Physical Education and Sport Sciences | 2001 | Attending qualitative workshops and lectures in the department | 8 |
| Attend and participationt | Hamdaniya University | 2016 | Participation in the conference of the Faculty of Education / Department of Physical Education and Sports Sciences | 9 |
| Attend and participationt | University of Halabja / Sulaymaniyah | 2016 | Participation in the Conference on Physical Education and Sports Sciences | 10 |
| Attend and participationt | Helwan University/ Egypt | 2015 | Participation in a scientific conference in Egypt | 11 |

* **Seventh, Scientific Activities:**

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| --- | --- |
| **Outside the College** | **Within the College** |
| Supervision of the physiotherapy unit in the physiotherapy hospital | Chair of the Scientific Committee in the Department of Physical Education and Sports Sciences |
| Scientific assessor at the University of Basra | Responsible for the Medical Affairs and Doping Committee of the Iraqi Central Volleyball Federation |
| Scientific assessor at Dhi Qar University | Chairperson of the Department of Physical Education and Sports Sciences |
| Scientific assessor, University of Diyala | Chairperson of the discussion committee of one of the master's students |
| Scientific assessor at the University of Basra | Scientific rectifier from the supervision and evaluation apparatus |
| One of the members of the meeting of the sectoral body to the College of Basic Education / Department of Physical Education and Sports Sciences / University of Diyala | Member and supervisor of a doctoral student |
| One of the members of the committee for reviewing the vocabulary of the curricula in the sectoral colleges of physical education / University of Baghdad | Chairperson of the morning admission examination committee for students of the Department of Physical Education and Sports Sciences |
| Attending a workshop at Al-Qadisiyah University | Chairperson of the Application Committee of the Department of Physical Education and Sports Sciences |
| Attending a workshop for laboratory equipment and its role in the sports field | Member of the Committee (Cooperation Mechanism) in the College of Basic Education |
| Member of the International Sports Science Council in Sweden | Member of the Committee for Correction of Examination Books for the Competitive Examination (Master + PhD) |
| Scientific assessor at the University of Basra | Member of the seminar committee for doctoral students |

* **Eighth, Research Projects in The Felid of Specialization to**
* **The Environment and Society or the Development of Education:**

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| --- | --- | --- | --- |
| No. | Research Title | Place of Publication | Year |
| 1 | Some anthropometric variables and their relationship to the accuracy of performance in volleyball | Journal of the College of Basic Education | 2008 |
| 2 | Walking and aerobic exercise and their effect on lowering the blood sugar level for female patients aged (40-50) years | Zagazig University Journal | 2008 |
| 3 | The effect of exercises inside the water associated with infrared radiation in relieving knee joint pain and developing the motor performance of the lower extremities | Babylon University Journal | 2013 |
| 4 | The effect of exercises (yoga - weights) on the functional work of the respiratory system, some physical abilities, biomechanical variables, and accuracy with the skill of crushing volleyball | Anbar University Journal | 2013 |
| 5 | The effect of a proposed rehabilitative treatment program in relieving lower back pain and improving the flexibility of the spine for women aged (45-55) years | Basra University Journal | 2012 |
| 6 | The effect of a training program using multiple means on some physical abilities and body mass index for students aged (10-12) in the College of Basic Education at Al-Mustansiriya University | Mustansiriya University | 2013 |
| 7 | Design and rationing of a motor test to evaluate the performance of the straight attack in terms of strength characterized by speed and vital capacity for young players in fencing with foil weapons | Mustansiriya University | 2013 |

* **Ninth, Membership:**
* Member of the Committee (Cooperation Mechanism) in the College of Basic Education
* Member of the Committee for Correction of Examination Books and Sheets for the Competitive Examination (Master + PhD)
* Member of the seminar committee for doctoral students
* Member of the International Sports Science Council in Sweden
* Member of the recruitment committee for assistant teacher (for promotion)
* Member and supervisor of (6) master's students and (5) PhD students
* Member of the Committee for Supporting Scientific Research, Authoring and Translation
* Member of the Graduate Studies Committee in the Department of Physical Education and Sports Sciences
* Member of the Committee for the Admission of Champions Students and Athletes in the Department of Physical Education and Sports Sciences for the year 2013/2014
* One of the members of the committee for reviewing the vocabulary of curricula in the sectoral colleges of physical education / University of Baghdad


* **Tenth, Awards and Certificates of Appreciation:**

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| --- | --- | --- | --- |
| Year | Donor | Name of Awards and Certificates | No. |
| 2001 | Ministry of Higher Education and Scientific Research | Thanks and appreciation from the Minister of Higher Education | 1 |
| 2001 | Mustansiriya University | Thanks and appreciation from the President of Al-Mustansiriya University | 2 |
| 2008 | Mustansiriya University | Thanks and appreciation from the President of Al-Mustansiriya University | 3 |
| 2009 | Muthanna University | Appreciation certificate from Al-Muthanna University | 4 |
| 2010 | Faculty of Basic Education | Thanks and appreciation from the Dean of the College of Basic Education | 5 |
| 2011 | Mustansiriya University | Thanks and appreciation from the President of Al-Mustansiriya University | 6 |
| 2011 | Mustansiriya University | Thanks and appreciation from the President of Al-Mustansiriya University | 7 |
| 2011 | Albasrah university | Certificate of appreciation for participation in the third scientific conference | 8 |
| 2012 | Faculty of Basic Education | Thanks and appreciation from the Dean of the College of Basic Education | 9 |
| 2014 | Faculty of Basic Education | Thanks and appreciation from the Dean of the College of Basic Education | 10 |
| 2015 | Faculty of Basic Education | Thanks and appreciation from the Dean of the College of Basic Education | 11 |
| 2015 | Mustansiriya University | Thanks and appreciation from the President of Al-Mustansiriya University | 12 |
| 2015 | Faculty of Basic Education | Thanks and appreciation from the Dean of the College of Basic Education | 13 |
| 2014 | Ministry of Youth and Sports | Thanks and appreciation from the Dean of the College of Basic Education | 14 |
| 2001 | Ministry of Higher Education and Scientific Research | Honoring the Olympic Committee | 15 |

* **Eleventh, Scientific literature:**

|  |  |  |
| --- | --- | --- |
| **Year of The Publication** | **Scientific Literature Title** | **No.** |
| **2013** | Techniques and means of physical therapy and alternative medicine | 1 |
| **2016/2017** | Sports medicine and sports injuries treatment and rehabilitation | 2 |
|  |  | 3 |

* **Twelfth, languages:**
* Arabic
* English